



The Bistrot on Sterling Lunch Menu

Salads and Small Plates

All salads include a roll and butter

Southwestern Salad

House greens, blackened chicken, black beans, corn, sliced avocado, tortilla strips, fresh cilantro, cilantro lime vinaigrette 13
-substitute blackened shrimp 3

Bounty Cobb Salad

House greens, diced ham and turkey, chopped celery, cauliflower, sliced avocado, cranberries, sweet potato, hardboiled egg, lemon vinaigrette 12

Nappa Cabbage Salad

Chiffonade of Napa cabbage, tossed in a sweet soy dressing, green onion, sesame seeds, crispy ramen noodles, warm pecan crusted chicken breast 14

Goat Cheese Salad

House greens, warm goat cheese croquettes, sugared pecans, red onion, seasonal fruit, raspberry vinaigrette 12

Caesar Salad

House made dressing, croutons, parmesan 8
add a grilled chicken breast 6

Grilled Wild Salmon Salad

Salmon Filet medium rare, atop baby spinach, crumbled feta, dried cranberries, sunflower seeds, choice of dressing 13

Classic Wedge Salad

Iceberg lettuce, house made blue cheese dressing, crumbled blue cheese, diced bacon, toasted walnuts, grape tomatoes 10

Bistro Salad

House greens, tomato, cucumber, red onion 6

Shrimp Tacos (2)

Sweet chili glazed shrimp, black beans, cilantro coleslaw, flour tortillas 12
Gluten free corn tortillas available upon request

Caprese Salad

Fresh mozzarella, fresh basil, Roma tomatoes,
Olive oil drizzle, balsamic reduction 10

Spinach Artichoke dip

Served warm with crusty bread 11

Baked Crab Cakes (3)

Roasted red pepper aioli 14

Stuffed Mushrooms (4)

White button mushrooms, Italian sausage, toasted panko, marinara 12

Flatbread Pizza du jour

Daily selection 12

House made Soups du jour

7

Add to any salad: med rare salmon filet 6 (3) grilled shrimp 5 grilled chicken breast 6

House made dressings: parmesan peppercorn, balsamic vinaigrette, raspberry vinaigrette, creamy blue cheese, honey mustard, lemon vinaigrette



Entrées, Pastas and Sandwiches

Entrées and pastas served with a side salad, roll and butter.

Substitute side salad for a soup 2

All sandwiches served with choice of pasta salad or fresh seasonal fruit

Split plates 2

New Orleans Pasta

Radiatori pasta, spicy andouille sausage, green onion, diced chicken, Cajun cream sauce 15

Add shrimp 6

Bowtie Pesto (V)

Bowtie pasta, walnut pesto, fresh spinach, artichoke quarters, Pecorino Romano cheese 14

Add diced chicken 4

Pan Seared Rainbow Trout (V)

Stuffed with aromatics & fresh lemon, quinoa and wild rice blend, Haricot vert
Market price

Shrimp & Grits

Pan-seared grit cake, sautéed shrimp, green onion, fresh spinach, diced tomato, lemon cream sauce 15

Stuffed Chicken Breast

Asparagus, fresh mozzarella, creamy spinach risotto, natural au jus 16

6oz Petite Filet Mignon (GF)

Wild mushroom demi-glace, grilled asparagus 21

Panini du Jour

Daily selection 9

Children's menu 9

Choice of milk or soda

Grilled Cheese with a choice of a cup of soup or pasta salad

Pasta of the day with marinara or white cream sauce

Grilled Chicken strips with BBQ sauce

Choice of Vanilla Gelato or fresh seasonal fruit

Bistro Burger

1/2 lb Prime Angus beef, lettuce, tomato, pickle spear, choice of American, cheddar, provolone or blue cheese, served on a brioche bun 12

Add a fried egg \$1

Cuban Press Sandwich

Shaved ham, house pulled pork, pickles, Swiss cheese, sweet mustard aioli served on Ciabatta 10

Caprese Panini

Fresh mozzarella, basil, tomatoes, white balsamic aioli served on sourdough bread 10

Bistro Club

Ham, turkey, bacon, greens, lettuce, tomato, white balsamic aioli served on a toasted multi-grain bread 10

Bistro Veggie Burger (V)

House made black bean burger, sliced avocado, lettuce, tomato, sun dried tomato aioli served on a brioche bun 12

Pesto Chicken Sandwich

Grilled marinated chicken, walnut pesto, goat cheese, served on a toasted Ciabatta roll 12